

Week 1

WEEK COMMENCING: 4TH SEP/ 24TH SEP/ 1ST OCT/ 22ND OCT/ 5TH NOV/ 26TH NOV/ 3RD DEC/ 7TH JAN
28TH JAN/ 4TH FEB/ 25TH FEB/ 4TH MAR/ 25TH MAR/ 1ST APR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages with Wedges & Gravy	Beef Pasta Bolognese	Roast Gammon with Roast Potatoes & Gravy	Meat Feast Pizza	Salmon Fish Fingers & Chips
Neapolitan Beany Pasta <small>WASH</small>	Broccoli, Cauliflower & Sweet Potato Mornay Bake	Sticky Vegetarian Sausages with Roast Potatoes	Margherita Pizza	Spicy Bean Burger with Chips
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Coleslaw	Jacket Potato with Tuna	Jacket Potato with Cheese
Carrots Green Beans	Broccoli Sweetcorn	Carrots Peas	Sweetcorn Vegetable Medley	Baked Beans Peas
Lemon Drizzle Cake	Toffee Apple Crumble	Frozen Strawberry Yoghurt	Orange jelly with Mandarins	Chocolate Muffin

Week 2

WEEK COMMENCING: 10TH SEP/ 8TH OCT/ 12TH NOV/ 10TH DEC/ 14TH JAN/ 11TH FEB/ 11TH MAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Korma with Rice	Beef Lasagne	Roast Turkey with Roast Potatoes & Gravy	Chicken & Sweetcorn Pizza	Breaded Fish & Chips
Macaroni Cheese <small>WASH</small>	Vegetable & Butterbean Ragu	Vegetarian Pasta Bolognese <small>WASH</small>	Margherita Pizza	Cheese & Leek Pasty with Chips
Jacket Potato with Baked Beans	Jacket Potato with Coleslaw	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Baked Beans
Broccoli Sweetcorn	Carrots Peas	Carrot & Swede Mash Green Beans	Runner Bean Slaw Sweetcorn	Baked Beans Peas
Apple Strudel with Custard	Pear & Vanilla Sponge with Custard	Lemon Shortbread	Berry Ripple Sponge with Custard	Fruity Flapjack

Week 3

WEEK COMMENCING: 17TH SEP/ 15TH OCT/ 19TH NOV/ 17TH DEC/ 21ST JAN/ 18TH FEB/ 18TH MAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Chilli Con Carne	Pork Meatballs with Mash	Roast Pork with Roast Potatoes & Gravy	BBQ Chicken Pizza	Fish Fingers & Chips
Tomato, Lentil & Cheese Pasta <small>WASH</small>	Cheese & Leek Potato Boats	Vegetable and Lentil Loaf with Roast Potatoes & Gravy	Margherita Pizza	Vegetable & Cheese Crumble with Chips
Jacket Potato with Cheese	Jacket Potato with Baked Beans	Jacket Potato with Tuna	Jacket Potato with Coleslaw	Jacket Potato with Tuna
Green Beans Sweetcorn	Carrots Peas	Broccoli Cabbage	Green Beans Sweetcorn	Baked Beans Peas
Chocolate & Orange Brownie	Jelly with Peaches	Berry Muffin with Custard	Frozen Toffee Yoghurt	Peach Upside Down Sponge

Menu Key: Organic Flour Organic Beef Mince Organic Milk Vegetarian Organic Pasta Free Range Chicken 50% Fruit MSC Fish

The Guide to Goodness



Many of our homemade desserts contain at least 50% fruit!



The fish we serve is from well-managed and sustainable fisheries.



Over 75% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and serve wholemeal bread.



Where possible we use ingredients sourced from local producers.