

## Relationships and Health Education

Our Relationships and Health Education Curriculum (which the Government made statutory from September 2020) has been shaped to support all children to flourish and achieve their potential. In our consultation with families in the Autumn Term, parents fed back how much they would like to have an overview about what their children are learning so that they can continue these conversations at home. Parents told us they would find it helpful to know the vocabulary we use in class and what each year will learn so they can be ready to follow up conversations at home.

### Y6 Families and Friendship

#### Lesson 1 will Recap Learning from Y5

We will explore what gender identity is and how, for some people, their gender is not the same as the gender that they were born with. We will discuss that having a knowledge and awareness of gender identities can enable us to be more inclusive and respectful and that this can also help us to understand ourselves, and others, better as we grow-up.

**Key vocabulary:** diversity, respect, difference, gender, identity, stereotypes, transgender, trans, transition.

#### Lesson 2

Children will reflect upon and learn that everyone has the right to love and to be loved and that people we love can be of any gender, faith or ethnicity. As part of this, children learn what sexual orientation means.

#### **Key vocabulary:**

Sexual orientation: The way in which people feel about who they love/ are attracted to.

Heterosexual: A person who is attracted to another person of the opposite gender.

Straight: a slang term for the above.

Homosexual: A person who is attracted to someone who is the same gender as them.

Gay/ lesbian: these are slang terms for the above. Lesbian (the term for a woman is attracted to another woman), Gay (the overall term used for being attracted to someone of the same gender).

Bisexual: the term for someone who is attracted to people of both genders: men and women.

LGBTQ+- this is an umbrella term and can be confusing as it links to both Gender identity and sexual orientation.

Bi- see above, Transgender, Q (Queer or questioning).

The plus is about including everyone who may identify in other ways.

#### Lesson 3

Children will build upon their prior learning about what makes healthy relationships. From this they will understand the rights and responsibilities around this and learn the importance of this within our British values.

**Key vocabulary:**

Healthy relationships, love and commitments, marriage and civil partnerships.