

Families and Friendships:

Lesson 1

Objectives:

- That families are important for children growing up because they can give love, security and stability.
- The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.

Resources: My family, your family by Lisa Bullard



Key vocab

- **A family with one parent at home**
- **A family with two mummies/two daddies -" two men or two women that care for each other"**

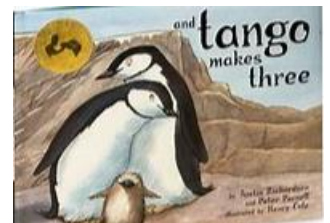
Family, love, security, stability, home, protection, parent

Lesson 2

- That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care.
- That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up.

Key vocab: 'we are all different', families, friend, friendly, feeling, welcome, included,

Resources: Heather has two Mummies book.



<https://www.youtube.com/watch?v=tRv57QVem4U>

Penguins have two daddys

Lesson 3

- How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed

Resources: one family by George Shannon

Key vocab: Trusted adults, unhappy, unsafe, advice, parent, family

Notes from working party...

Year 1 - start with a helicopter view (families are there to provide love and support).

Families: **all types of families can provide the love and care**

Then hone in on what families look like (diversity)

Introduce unit with a book: **Heather Has Two Mummies (nicely introduces diversity)**

Language:

- 5 trusted adults (counting on each finger) - something we can take up through the school.