



All children have the right to:



Are you feeling unsafe, unhappy or worried?

Are you being bullied?

Are you being hurt?

Is someone touching you in a way you do not like?

Is someone trying to give you tablets, cigarettes or drugs?

Are you being sent unkind messages over the internet or on your phone?

Are you worried about how someone else is being treated?

Tell an adult. Don't keep it a secret.



It's our job to keep you safe.

Remember you can talk to ANY adult in school or:

If you're 5-7 years old visit:

Childline.org.uk/buddy

If you're 7-11 years old visit:

Childline.org.uk/kids

Remember Childline is always here



0800 1111